

# Hospital Bag Packing List

what to pack for labor & delivery

## Mom

- Baby book
- Bathrobe
- Nursing bra
- Pajamas
- Slippers
- Brush/Comb
- Deodorant
- Makeup/Cosmetics
- Shampoo/Conditioner
- Toothbrush/Toothpaste
- Loose/comfortable clothes to wear home

## Support Person

- Change of clothes
- Snacks or
- Money for vending machines
- Reading material
- Toiletries
- Chargers

## Baby

- Approved car seat
- Going home outfits
- Hat/Cap
- Baby Socks
- Receiving blankets

# What Bassett ACH Provides

## Mom

- Gowns
- Pads
- Mesh undies
- Non-slip socks
- Chapstick
- Towels/Washcloths
- Towels/Toothpaste
- Breast pump & supplies while inpatient
- Nipple care supplies (soothies & lanolin)
- Pericare supplies (dermaplast spray, tucks pads, medihoney)
- Meals & snacks

## Baby

- Diapers
- Sleep sac
- Infant shirt
- Blankets
- Wipes
- Pacifier

## Dad

- Bed
- Sheets
- Meals upon request with payment made to nutrition care